

The 30th annual Letter Carriers' Stamp Out Hunger® Food Drive

May 14, 2022

On May 14, as they deliver mail, the nation's 200,000 letter carriers will collect donations that residents have left near their mailboxes.

People are encouraged to leave a sturdy bag containing non-perishable foods, such as canned soup, canned vegetables, canned meats and fish, pasta, rice or cereal next to their mailbox before the regular mail delivery on Saturday. The food donations stay in each community, going to help local residents.

People who have questions about the drive in their area should ask their letter carrier, contact their local post office, or go to <https://www.nalc.org/community-service/food-drive>, [facebook.com/StampOutHunger](https://www.facebook.com/StampOutHunger) or twitter.com/StampOutHunger.

